**Counseling**

**Helpline Numbers**

Mental Health Crisis Line 1-888-279-8188 National Suicide Prevention

1-800-273-8255

Crisis Text Line

Text “Connect” to 741-741

The Compassionate Ear Warmline

913-281-2251 or 1-866-927-6327. Open 7 days

a week, 365 days a year from 4:00pm to 10:00pm

**Community Counseling and Assessment Services (CCAS) UMKC**

615 E 52nd St., Suite 212 Kansas City, MO 64110 816.235.2725

\*Masters and Doctoral level students that are supervised complete counseling

\* Do not accept insurance but use sliding scale (appt cost can range from $5 to $50)

\*individual, couples, and family counseling

**Compass Health**

844.853.8937

Call to get specific information

Closest counties served: Carol, Lafayette, Cass, Johnson (Some in Jackson may qualify)

Sliding scale, Medicaid, Medicare, some private insurance carriers.

**Comprehensive Mental Health Services**

17844 E. 23rd Street Independence, Missouri 64057

816.254.3652

\*counseling/psychiatry

\*Eastern Jackson Co. only

\*Medicare, Medicaid, Private Ins., sliding scale

\*M-F 8-3:30p Walk-In Assessment, first come first serve

\*Bring photo ID, SSN, proof of residency, insurance

..................Column Break..................**Jewish Family Services**

425 E 63rd St

Kansas City, MO 64110 816.333.1172

\*Does NOT accept Medicaid, will do sliding scale

\*Does accept Medicare

\*Jackson and Johnson Counties Preferred

**Kansas City CARE Clinic**

3515 Broadway Kansas City, MO 64111 816.777.2722

\*at time of call you will have a phone screening and will be scheduled after this

\*ages 18-64

\*Serves: Jackson, Cass, Clay, Platte, Johnson, Ray, and Wyandotte

\*Serves Un/underinsured

**Family Conservancy**

444 Minnesota Ave, Suite 200 Kansas City, KS 66101 913.742.4357

913.573.1110 for Spanish

\*Serves Metro Area

\*Reduced Fees Based on Income for no ins.

\*MO Medicaid in Jackson Co and KS Medicaid at KS location, Medicare, some EAP contracts

**Family Guidance Center**

Offices in St. Joseph, Cameron, and Maryville 816.364.1501

\*Walk in Assessment 7:30a-when office fills [St. Joseph: M-F ; Cameron: M; Maryville: T]

\*Accepts Missouri Medicaid, private insurance, Medicare

\*Also available: SATOP (816.364.2702) and Substance Abuse programs

|  |  |
| --- | --- |
| **ReDiscover**  Multiple Locations—call for specifics  *For Substance Use* call: 816.966.0900; you will be transferred to intake coordinator *For Behavioral Health* call: 816.966.0900  \*Fees based on ability to pay; Accepts Medicaid  \*Behavioral Health for South Jackson Co Area  **Samuel U. Rodgers Health Center**  825 Euclid Ave.  Kansas City, MO 64124 816.474.4920  \*Call for scheduled therapy appt  \*Entire KC Metro—transportation w/in 15min  \*Accepts Medicare, MO Medicaid, sliding scale    **Swope parkway Behavioral Health**  3801 Blue Parkway Building B, 2nd Floor Swope Park Central Kansas City, MO 64130 816.922.1070  \*Allows Walk-Ins (Hours from 8a-3p)—for evaluations first come first serve (recommended to go in early!)  \*Only serves Jackson Co., 39-75th Sts., State Line to I-435  \*Proof of income, ID, Proof of address, Insurance, will do sliding scale  \*Also has Substance Abuse Treatment  **Tri-County**  3100 NE 83rd St, Ste. 1001  Kansas City, MO 64119 816.468.0400  \*Serves Clay, Platte, Ray Counties  \*Counseling/Psychiatry, Substance Abuse  \*Medicare, Medicaid, some private insurance, sliding scale | **UH Behavioral Health-Healing Canvas**  300 W 19th Terrace Kansas City, Mo 64108 816.404.5709  Walk-Ins Welcome (M-F from 8:30-2:30p) Please bring ID and Insurance Info  \*Accepts KC Metro Area  \*CM and intensive care to those KC S of River and 39th St.  \*Counseling/medication clinic  \*Medicaid, private insurance, sliding scale/UH discount    **UH Fairmount Counseling** 606 Hardy Ave Independence, MO 816.404.6334  **UH Lakewood Counseling**  300 SE 2nd  Lee’s Summit, MO 64139 816.404.6170  **Operation Breakthrough**  3039 Troost  Kansas City MO 64109 816.756.3511  \*Must have child in their care to qualify  **Mattie Rhodes Center**  (816) 241-3780  \*Spanish-speaking providers available  \*Sliding scale depending on income.  **MC+ Plans**  Healthy Blue-- **1-833-388-1407** United HealthCare—**1-844-813-7805** Home State—**1-855-694-4663**  *\*Call to see if further counseling options* |