

#mk4lupus
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Roundtable

Lupus and the Skin The Untold Story
with
Dr. David L. Kaplan



Speaker
Dr. David L Kaplan

Let's Get The Conversation Started

LET'S GET THE CONVERSATION

AWARENESS

STARTED ABOUT LUPUS

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Mission

Marlene's Kaleidoscope is dedicated to improving the lives of people affected by all forms of Lupus. We strive to empower people by providing information about Lupus and offering support, so that their voices can be heard in service of creating a better quality of life through research, public awareness, advocacy and education.

Vision

A world where people with lupus can lead a full and active life. Ultimately

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find a cure.



Did You Know that Lupus is more prevalent than AIDS, sickle cell anemia, muscular dystrophy, cerebral palsy, multiple sclerosis, and cystic fibrosis COMBINED. It is estimated that over 1.5 million Americans have been diagnosed with Lupus; 16,000 people are diagnosed each year. That's why we need to **Get The Conversation Started** KC!

Sources <http://www.lupusinternational.com/Living-With-Lupus/Newly-Diagnosed/1/lupus-FAQ-s.aspx> <https://www.lupus.org/heartland> **#mk4lupus**

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Did You Know

66% of people with lupus will develop some form of skin disease

40-70% of people with lupus will find that their disease is made worse by exposure to ultraviolet (UV) rays.

Sources <https://www.lupus.org/resources/how-lupus-affects-the-skin#:~:text=Some%20individuals%20have%20or%20will,neck%2C%20arms%2C%20and%20legs.>

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Did You Know

- Lupus is among the top 20th leading death among girls and woman ages 5 -64 years of age
- It is the 5th highest death rate in all woman and 4th in black woman
- 1 out of 250 black woman in the United States in affected
- Just like other cites, Kansas City has a Silent Killer in our community an is facing a public health issue called LUPUS

And

That's why we need to **Get The Conversation Started in Kansas City!**

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Marlene's Kaleidoscope Programs

Lunch with Doctors

This component requires a partnership with a rheumatologist who can provide continuing education to primary care physicians (internists, family practices, etc. Once the presentation was developed, it would need to be an approving body for physician Continuing Medical Education (CME) so that physicians who attend can get credit toward their required education units.

Coping with Lupus Awareness and Education (CLAE) RoundTable

The purpose of the CLAE round table is to provide information and awareness regarding living with Lupus. This quarterly webinar covers topics like: Getting Diagnosed, what you need to Know about Lupus, Wellness and Lifestyle Changes, Psychological Factors in Coping with Lupus, etc.

RoundTable

Promote awareness across our community

Monthly Lupus Support Group

This group is designed for individuals living with Lupus who can benefit from ongoing social support and encouragement from others who are coping with the disease.

Online group

Once quarter group outing

Lupus Love Gift – Hospital / Home

Scholarship

Legacy Scholarship

Established in 2019, it aims to support KC area high school students, living with Lupus.

Applications are available online Wednesday, December 1st each year

The application deadline is April 31st each year

Grant Amount is \$1,000

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TO LEARN MORE ABOUT GETTING THE CONVERSATION STARTED OR
MARLENE'S KALEIDOSCOPE

GOT TO

WWW.MK4LUPUS.COM

OR

MARLENE'S KALEIDOSCOPE ON



EMAIL: KBUTTERFLIES2017@GMAIL.COM

573-738-8648

TO DONATE GO TO

[HTTPS://WWW.MK4LUPUS.COM/DONATE](https://WWW.MK4LUPUS.COM/DONATE)

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Agenda

- **7.00 PM: Introduction La Tanya Lipprand with Marlene's**
- **07.15 PM: Lupus and the Skin The Untold Story with David L. Kaplan, MD**
- **08:15 PM: Q &A**
- **08:30 PM: Final thoughts and call to action Karice Duncan**
- **09.00 PM: End of Session**

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**Roundtable
Lupus and the Skin
The Untold Story
with
Dr. David L. Kaplan**

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We are please to have
David L. Kaplan, MD
www.apdkc.com

David L. Kaplan, M.D. is the founder and owner of Adult & Pediatric Dermatology providing outstanding skin care to the Kansas City community in Overland Park, KS since 1989. Dr. Kaplan holds professorships at both UMKC School of Medicine and University of Kansas School of Medicine. Having been trained and board certified in both dermatology and internal medicine, Dr. Kaplan is able to look beyond the surface of most dermatologic conditions to identify underlying cause. Dr. Kaplan enjoys the challenge of tackling complex medical dermatology, solving difficult to diagnose or difficult to manage skin conditions. Dr. Kaplan is a recognized expert in dermatology; he lectures locally, nationally and internationally; he writes a monthly feature in a national medical publication, has authored over 30 peer-reviewed publications, provided over 50 radio and television interviews and appearances, including National Public Radio and has been quoted in newspapers across the country. Dr. Kaplan makes the time to provide skin care at no charge by volunteering at Jaydoc, a free health clinic in Wyandotte County and volunteering for medical mission trips overseas.



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<https://www.facebook.com/MarlenesKaleidoscope/>

ROUNDTABLE
LET'S GET THE CONVERSATION STARTED
LUPUS SYMPTOMS YOU CAN'T IGNORE –
LUPUS AND DEPRESSION
JUNE 11, 2020 6 PM



Speaker

Dr. Susan B. Wilson Ph.D., a regionally and nationally recognized licensed Clinical Psychologist with a multifaceted career in healthcare administration, consulting, clinical and media work.



**THANK YOU FOR HELPING WITH
THE CONVERSTATION!**

**PLEASE LET US KNOW ANY TOPICS
ABOUT LUPUS, THAT YOU WOULD
LIKE TO HAVE A CONVERSTATION
ABOUT!**

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