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Roundtable

Lupus Symptoms You Can't Ignore – Lupus and
Depression
with

Speaker

Dr. Susan B. Wilson



Let's Get The Conversation Started

LET'S GET THE CONVERSATION

AWARENESS

STARTED ABOUT LUPUS

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Mission

Marlene's Kaleidoscope is dedicated to improving the lives of people affected by all forms of Lupus. We strive to empower people by providing information about Lupus and offering support, so that their voices can be heard in service of creating a better quality of life through research, public awareness, advocacy and education.

Vision

A world where people with lupus can lead a full and active life. Ultimately

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find a cure.



Did You Know that Lupus is more prevalent than AIDS, sickle cell anemia, muscular dystrophy, cerebral palsy, multiple sclerosis, and cystic fibrosis COMBINED. It is estimated that over 1.5 million Americans have been diagnosed with Lupus; 16,000 people are diagnosed each year. That's why we need to **Get The Conversation Started** KC!

Sources <http://www.lupusinternational.com/Living-With-Lupus/Newly-Diagnosed/1/lupus-FAQ-s.aspx> <https://www.lupus.org/heartland> **#mk4lupus**

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Did You Know

- Between 15 and 60 percent of people with a chronic illness will experience clinical depression.
- Clinical depression may be a result of the ways in which lupus physically affects your body.
- Some of the medicines to treat lupus—especially corticosteroids such as prednisone (and at higher doses of 20 mg or more)—play a role in causing clinical depression.
- Clinical depression may be a result of the continuous series of emotional and psychological stressors associated with living with a chronic illness.



Did You Know

- Lupus is among the top 20th leading death among girls and woman ages 5 -64 years of age
- It is the 5th highest death rate in all woman and 4th in black woman
- 1 out of 250 black woman in the United States in affected
- Just like other cites, Kansas City has a Silent Killer in our community an is facing a public health issue called LUPUS

And

That's why we need to **Get The Conversation Started in Kansas City!**

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Sources <https://www.lupus.org/resources/how-lupus-affects-the-skin#:~:text=Some%20individuals%20have%20or%20will,neck%2C%20arms%2C%20and%20legs.>



Marlene's Kaleidoscope Programs

Lunch with Doctors

This component requires a partnership with a rheumatologist who can provide continuing education to primary care physicians (internists, family practices, etc). Once the presentation was developed, it would need to be an approving body for physician Continuing Medical Education (CME) so that physicians who attend can get credit toward their required education units.

Coping with Lupus Awareness and Education (CLAE) RoundTable

The purpose of the CLAE round table is to provide information and awareness regarding living with Lupus. This quarterly webinar covers topics like: Getting Diagnosed, what you need to Know about Lupus, Wellness and Lifestyle Changes, Psychological Factors in Coping with Lupus, etc.

RoundTable

Promote awareness across our community

Monthly Lupus Support Group

This group is designed for individuals living with Lupus who can benefit from ongoing social support and encouragement from others who are coping with the disease.

Online group

Once quarter group outing

Lupus Love Gift – Hospital / Home

Scholarship

Legacy Scholarship

Established in 2019, it aims to support KC area high school students, living with Lupus.

Applications are available online Wednesday, December 1st each year

The application deadline is April 31st each year

Grant Amount is \$1,000

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MARLENE'S KALEIDOSCOPE

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Agenda

- **6.00 PM: Introduction La Tanya Lipprand with Marlene's**
- **06.15 PM: Lupus Symptoms You Can't Ignore – Lupus and Depression with Dr. Susan Wilson**
- **7:15 PM: Q &A**
- **7:30 PM: Final thoughts and call to action Karice Duncan**
- **8.00 PM: End of Session**

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We are please to have **Susan B. Wilson, MD**

Susan B. Wilson PhD MBA is a licensed clinical psychologist with a multifaceted career in education, healthcare administration, consulting, clinical and media work. Wilson currently serves as the Vice Chancellor of the Division of Diversity and Inclusion. In this chief diversity officer role, she leads a diversity organizational development strategy including diversity and inclusion assessment, planning and initiatives for students, faculty, and staff and community.

Wilson has over twenty years of diversity-related experience. She previously served as Associate Dean for Diversity and Community Partnership at UMKC School of Medicine. For the American Association of Medical Colleges (AAMC), Wilson was the Central Region's representative for the Group on Diversity and Inclusion (GDI). She also developed a diversity training program for mid and upper management for the Central Region of the Federal Aviation Administration. During a time of racial tension, she was a consultant to four local school district superintendents to assess the diversity climate and offer training and recommendations. Wilson has also provided training and diversity consultation to many business and government organizations, and served on the Mayor's Human Rights Commission.

Wilson attended the University of Pittsburgh, where she earned a B.S., M.S. and Ph.D. in clinical psychology and an M.B.A. from the Bloch School of Business at UMKC. Wilson has held leadership positions in several notable health and behavioral healthcare organizations in the Kansas City area, including Swope Health Services and St. Luke's Health System. She has also served as a consulting psychologist to the National Football League and the Kansas City Chiefs and a host and contributor of a diversity-related radio magazine show for KCUR 89.3 FM, the Kansas City affiliate of NPR.

Wilson has contributed her time and skills to numerous civic and community endeavors, including Jackson County COMBAT Commission, Missouri Department of Mental Health Cultural Competency Committee, and the Statewide African American Mental Health Taskforce. She is a former member of the Healthcare Foundation of Greater Kansas City and is Chair of the Prime Health Board. She also serves on the Kansas City Crime Commission.

Wilson is a member of Delta Sigma Theta Sorority, Inc., and the Links, Inc., both public service organizations.



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THE CONVERSTATION!**

**PLEASE LET US KNOW ANY TOPICS
ABOUT LUPUS, THAT YOU WOULD
LIKE TO HAVE A CONVERSTATION
ABOUT!**

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